

Regulations E.S.A.V. Asterix Internal Competition (2016-2017)

General

On behalf of Asterix members and donors this regulation has to be shown when asked. At the beginning of the school year a calendar will be prepared for the internal competition (IC). The IC will start at the beginning of the board year after the new regulations are announced and will end when the board year ends.

Score sheet

You can earn points by participate at an event. Achievements during the event are not part of the score sheet.

The distribution of points per part is:

- Participating Van Lint sports week	10 points
- Participating Dommelloop	5 points
- Participating in the Asterix track meeting	10 points
- Participating Asterix cross	10 points
- Participating at the Pentathlon	10 points
- Present at an Asterix drink	3 points
- (NEW!!!) Present at the shot of the Asterix drink	2 points
- Present at dinner in canteen	5 points
- Cook in the canteen	5 points
- Present at Trainingsweekend	10 points
- Present at New Years Dinner	5 points
- (NEW!!!) Present at other Asterix activities	5 point
- Volunteering at an event*	5 points (every time!)
- Participating at an NSK	5 points
- Present at an NSK	2 points
- (NEW!!!) Present at an NSK party	2 points
- (NEW!!!) Having dinner at an NSK	2 points
- Be an Asterix active member	5 points (per commission!)

Besides these elements there are a few additional challenges in 2016-2017 (see **appendix**) for which you can earn **extra points**. Such a challenge can only be executed once per person.

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| - Complete a challenge | See appendix |
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At the end when the scores are even the number of completed challenges will be deciding who wins the internal competition.

**Points for volunteering can only be received if you do not participate at the event*

Participation

Participating in the internal competition is possible for every member of E.S.A.V. Asterix. It is not obliged to participate in every part of the internal competition. You can always enter the internal competition even when it is during the year.

Submitting challenge

To deserve points for a completed challenge you need to send an email to bestuur@asterixatletiek.nl. This email consists of a report of the challenge, proof in the form of a photo or video and the names of the persons who participated in the challenge. The board will take a decision whether the challenge is completed in a correct manner.

Challenge X

To receive points for a 'challenge X', the challenge has to be approved by the board. Therefore it is necessary to send an email to bestuur@asterixatletiek.nl which consists of an explanation of the challenge. The board will decide if and how many points the challenge will earn.

Standings and results

The intermediate standings of the internal competition will be posted in the monthly newsletter. Also the standings will be published on the website.

Besides that the board will decide if a completed challenge will appear on the Asterix company Facebook. This is in favor of promotion for Asterix.

Award

At the end of the board year the first man and first woman will receive eternal fame and a prize!

Exceptions

In every case this regulation is not leading, the board will decide on how to handle.



Appendix: Extra challenges

To give the internal competition some extra dimension some additional challenges are designed. The 'challenge X' gives every member the chance to think of an own challenge.

1. Asterix on TV (20 points) – Take part or appear recognizable on a television program in Asterix outfit
2. Snitch a mascot (15 points) – Kidnap a mascot of another student athletics association
3. 100+ likes (10 points) – Get 100 likes or more on an Asterix related Facebook post #purplepride
4. New member (15 points) – Recruit a new Asterix member
5. Me, Asterix (10 points) – Take part in an official athletics meet in Asterix suit
6. Picture with a Famous Dutchman (10 points) – Take a photo in your Asterix outfit with a famous Dutchman
7. The Dommel (10 points) – Cross the river 'the Dommel' in Asterix outfit without making use of a bridge or boat. Extra points will be awarded for original dressing
8. Mark Schriek challenge (10 points) – Kiss a (single) board member
9. Boardix challenge (10 points) – Invite the board to eat
10. Playbacksterix (10 points) – Playback a song during one of the drinks or other events (video) (bonus points for execution and dressing)
11. Kissterix/'fixterix' challenge (5 points) – Kiss/'fix' a co-Gaul
12. #Purplepride (10 points) – Sing the whole Asterix song (video, and the General Assembly doesn't count)
13. Greek 400m (10 points) – Run a 400m like the old greek did (minus points for dressing)
14. (NEW!!!) Selfix challenge (5 points) – Make a selfie with another mascot
15. (NEW!!!) Monthly challenge (10 points) – every month there will be a new challenge (November is the month of the Mannequin Challenge with a minimum group of 5 persons) (December is the month of the Holidays – So take a picture in your Asterix outfit with 'Sinterklaas' (5 points) and with Santa (5 points)) (January is the month of the not your arms Challenge - You need to put lipstick on and drink a glass of water and finally brush your teeth)

X. Own challenge

Think of an own challenge with which extra attention is generated for Asterix, and perform this challenge.

The board may adjust the regulations at every moment. The standings and the most recent version of the regulations shall be published on the Asterix website (www.asterixatletiek.nl), under 'Wedstrijden', at 'Interne Competitie'.

Good luck!

The 48th board

